










Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Chicken & Pineapple, Pepperoni or mixed vegetable served with potato wedges</p>	<p>Lamb Meatballs in Yogurt Sauce Fresh minced lamb, seasoned and made into meatballs then cooked and served in a homemade yogurt sauce served with a spicy cous cous</p>	<p>Curry Day Choose from: Homemade Beef Balti, Creamy Chicken Curry or Sweet Potato & Lentil Curry. All served on a bed of rice with a Naan Bread or Wrap</p>	<p>Roast Dinner Choose from a home roasted breast of turkey or a Quorn fillet served with roast potatoes, stuffing and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a Cajun Salmon fillet, all baked in the oven & served with chips</p>
	<p>or</p> <p>Lemon Baked Salmon A piece of salmon fillet topped with a lemon, garlic and breadcrumb crust and baked in the oven, served with spicy cous cous</p>			
Served with				
Sweetcorn	Broccoli	Mini Corn Cobs	Green Beans & Carrots	Peas or Baked Beans
or				
<p>Jacket potatoes & Paninis served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, turkey & baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Iced Fingers	Strawberry Mousse	Jelly & Cream	Melting Moments	Chocolate Cake with Chocolate Custard
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pasta Bake Choose from a homemade beef bolognaise or a vegetable pasta sauce, mixed with cooked pasta, place in an oven proof dish topped with cheese and baked in the oven until golden</p>	<p>Chilli Nachos Choose from either fresh minced beef or soya mince cooked with onions, mild chilli powder, tomatoes and red kidney beans and served with nachos and Mexican rice</p>	<p>Cowboy Chicken Chicken drumsticks marinated in garlic, lemon and honey then roasted in the oven and served with potato wedges</p>	<p>Roast Dinner Home roasted topside of beef, served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a Teriyaki Salmon fillet all baked in the oven & served with chips</p>
<p style="text-align: center;">or</p> <p>Sweet Chilli Salmon A salmon fillet baked in the oven in sweet chilli sauce served with potato wedges</p>				
<p>Served with</p>				
<p>Cauliflower Cheese</p>	<p>Salad</p>	<p>Green Beans</p>	<p>Carrot and Swede and/or Cabbage</p>	<p>Peas or Baked Beans</p>
<p style="text-align: center;">or</p>				
<p>Jacket potatoes & Paninis served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, turkey & baked beans (when available)</p>				
<p style="text-align: center;">or</p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<p>And for dessert</p>				
<p>Chocolate Cookies</p>	<p>Fruit Crumble & Custard</p>	<p>Flapjack</p>	<p>Strawberry Pavlova</p>	<p>Victoria Sponge</p>
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
<p>And Finally a drink</p>				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage & Mash Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p>	<p>Lamb Surbiyaan Is a one pot spiced lamb and rice dish topped with raisins and caramelised onions</p>	<p>Lasagne Choose from either fresh minced beef or soya mince cooked with onions, garlic and tomatoes and layered between lasagne pasta sheets then topped with a béchamel sauce and baked in the oven. Served with garlic bread</p>	<p>Roast Dinner Choose from either a home roasted boneless leg of lamb or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or a sweet chilli salmon fillet, all baked in the oven & served with chips</p>
	<p>or</p> <p>Mac & Cheese Maccoroni pasta coated in a cheese sauce and baked in the oven until golden</p>			
Served with				
Broccoli	Salad	Green Beans	Cauliflower & Carrots	Peas and Baked Beans
or				
<p>Jacket potatoes & Paninis served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, turkey & baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Iced Sponge	Shortbread	Sticky Toffee Pudding	A selection of Muffins	Ice Cream
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And Finally a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				