

PSHE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec (PSED) Taught throughout the year...	Same and Different. Our Families	Stay healthy: clean teeth, water/milk/ snack time/baking, PE, lunchtime	People who are special to us.		Sun safety, PE, crossing the road, tidy up time, safety, underpants	Money will be used in role play/provision throughout the year.
Year 1	What is the same and different about us? Who is special to us?		What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safer?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

