



Topic: Health and Wellbeing (Keeping safe; people who help us)

Question: **Who helps to keep us safe?**

Learning Expectations:

In this unit pupils will learn:

- That people have different roles in the community to help them (and others) keep safe – the jobs they do and how they help people
- Who can help them in different places and situations; how to attract someone's attention or ask for help; what to say.
- How to respond safely to adults they don't know
- What to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard
- How to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say

Programme of Study References

H33, H35, H36, R15, R20, L5

Key Websites:

[I decision \(5-8\) –](#)
[Keeping/staying safe f](#)

Cross Curricular:

R.E

Prior Learning: Children will be familiar with the terms 'safe', 'unsafe' and 'danger'. Stranger Danger. To know the names of our Emergency Services.

Future Learning: How rules and restrictions keep us safe. How to identify risky and unsafe situations. How to keep safe online.

Essential Knowledge:

Knowing there are everyday dangers in the home and outside.

There are rules in keeping yourself safe around strangers: real life and online

If there is an emergency to dial 999 and get help when needed.

Key Vocabulary:

safe, unsafe, danger, rules, hurt, protect, help, trusted adult, danger, hazard, medicines, pills, tablets, liquids, chemicals,