



Topic: Relationships (Friendship; feeling lonely; managing arguments)

Question: What Makes a Good Friend?

Learning Expectations:

In this unit pupils will learn:

- How to make friends with others
- How to recognise when they feel lonely and what they could do about it
- How people behave when they are being friendly and what makes a good friend
- How to resolve arguments that can occur in friendships
- How to ask for help if a friendship is making them unhappy

Programme of Study References:

R6, R7, R8, R9, R25

Key Websites:

Cross Curricular:

Spanish – friends

Prior Learning: Children have learnt that we are all different and have different strengths and talents. That we like and dislike different things. There are things that make us unique.

Future Learning: Making positive friendships that can support wellbeing. Dealing with arguments.

Essential Knowledge:

We can make good friend who is someone we can trust, who looks after our feelings and who helps us to feel safe and happy.

Caring for others is good for our well-being. It helps us to feel happier and calmer.

We know what to do if we feel lonely, there is always someone I can talk to.

We understand what causes disagreements and can work them out with others positively.

Cooperating with others means working together, sharing, listening, helping others and looking after everyone's feelings.

Key Vocabulary:

Trust, safe, caring, well-being, calmer, disagreement, positively, cooperating, sharing, listening, team, group, community, special, carer, friends, family, secure, wanted, needed, support, listening, considerate, fair. Teasing, bullying, unkind.