

PSHE AT KINGSLEY: Year 2



Topic: Health and Well Being (Keeping Safe; Recognising Risk; Rules)

Question: What Helps Us to Stay Safe?

Learning Expectations:

- How rules and restrictions help them to keep safe (e.g. basic road, fire, cycle, water safety; in relation to medicines/ household products and online)
- How to identify risky and potentially unsafe situations (in familiar and familiar environments, including online) and take steps to avoid or remove themselves from them
- How to resist pressure to do something that makes them feel unsafe or uncomfortable, including keeping secrets
- How not everything they see online is true or trustworthy and that people can pretend to be someone they are not
- how to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them

Programme of Study References:

H28, H29, H30, H31, H32, H34, R14, R16, R18, R19, R20, L1, L9

Key Websites:

[Thinkuknow: Jessie and Friends](#)

[I decision \(5-8\) – Computer safety / Hazard watch](#)

[£](#)

[Red Cross – Life. Live it 'Stay safe'](#)

[Islington Healthy Schools Team – DrugVise £](#)

Cross Curricular:

Computing

Literacy

Prior Knowledge: That people have different roles in the community to help them (and others) keep safe – the jobs they do and how they help people. Knowing there are everyday dangers in the home and outside. To call 999 in an emergency.

Future Learning: Keeping safe concerning our bodies: hazards, protecting it, hygiene and calling for help.

Essential Knowledge:

I can keep myself safe from dangers in and outside of my home.

It is not safe to ask or give anybody my personal details whilst online.

My body belongs to me and what is inside my underwear is private.

There are people whom I trust and can talk to when I need help.

Key Vocabulary:

Danger, safe, appropriate, inappropriate, private, internet safety, trusted adult.