

PSHE AT KINGSLEY: Year 5



Topic: Keeping Safe

Question: **How can we help in an Accident or Emergency?**

Learning Expectations:

- What to do in an emergency: Stay calm. Find an adult to help you. If there is no adult around, ring 999, explain what has happened and ask for the police, fire brigade, an ambulance or the coastguard.
- If you are feeling worried about something and do not feel comfortable telling an adult you know, you can contact Child line to ask for support. The number for children to call to speak to Child line is 0800 1111.
- Basic first aid.

Programme of Study References:

H1, H3, H4, H46, H47, H48, H50

Key Websites:

[Red Cross - Life. Live it](#)
[Help save lives /](#)
[Emergency action](#)

Cross Curricular:

Literacy
Geography (where you are, address, location, environment.)
R.E (The good Samaritan)

Prior Knowledge: Keeping safe outside. To understand how to stay safe online and that being online can impact on others. To understand how to report a concern.

Future Knowledge: How to recognise early signs of physical or mental ill-health and what to do about this, including whom to speak to in and out of school.

Essential Knowledge:

I know what to do in different types of emergencies.

If something has happened and you are not happy, I know where to go for help.

I know who can help me if I have a problem.

Key Vocabulary:

Child line, support, mental health, well being, physical health, location, address, help. safe, danger, hazard, harm, action, emergency, accident, injury, responsible, sensible, first aid, emergency services, decision, choice, help.