



Topic: Health and Wellbeing (Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes)

Question: **What Makes up Our Identity?**

Learning Expectations:

- How to recognise and respect similarities and differences between people and what they have in common with others
- That there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)
- How individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)
- About stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others
- How to challenge stereotypes and assumptions about others

Programme of Study References:

H25, H26, H27, R32, L9

Key Websites:

[PSHE Association - Inclusion, belonging and addressing extremism \(KS2 -Y5/6\), 'Stereotypes'](#)

[Premier League Primary Stars - Developing values](#)

Cross Curricular:

Prior learning: To recognise their own personal qualities and attributes. To be able to set goals for themselves.

Future learning: To understand that positive relationships contribute to a good well-being.

Essential Knowledge:

Everyone has their own unique, personal identity. This can be influenced from various factors including race, gender, faith, culture and hobbies.

For some people, their gender identity does not correspond to their biological sex.

It is important to respect people and recognise that everyone has their own identity.

Key Vocabulary:

Choices, body image, respect, unique, identity, influenced, gender, stereotype, influence, individual, unique, celebrate, acceptance, thoughts, feelings, comfortable, help, support, individuality, uniqueness, peer influence, peer approval